



qicáy Community Newsletter

July 18, 2025

Extreme Heat Safety – Katzie First Nation

Stay cool and safe during extreme heat by seeking cooler places like malls or libraries, staying hydrated, and wearing light clothing. Avoid strenuous activities, especially midday, and use wet clothes to help cool down. If you experience symptoms of heat illness (e.g., headache, dizziness, nausea), take action immediately. In cases of heat stroke, call 911 right away. Remember to check on vulnerable community members, such as Elders, daily. Stay indoors if air quality is poor, and prioritize staying cool.

For more information see page 2.



Extreme Heat Safety

STAY COOL – STAY SAFE



☀️ What to Do During Extreme Heat:

- Go to cooler places like malls, libraries, or Rec Centres
- Take a cool shower or soak feet in cold water
- Wear a wet shirt or place a damp towel on your neck
- Wear loose-fitting, light-coloured clothing and a hat
- Avoid strenuous activity, especially midday
- Drink lots of water, even if you're not thirsty
- Do NOT rely on fans alone – they won't cool your body enough

🩺 Know the Signs of Heat Illness

Watch for:

- Headache, dizziness, nausea or vomiting
- Muscle cramps, heavy sweating
- Rapid breathing or fast heartbeat
- Dark urine or very little urination
- Skin rash or extreme thirst

Signs of Heat Stroke (Call 911):

- High body temperature
- Red, hot skin
- Confusion, fainting, or loss of coordination
- Decreased consciousness

🚑 **What to Do:** Move the person to a cool place, apply water to skin, remove clothing, and seek medical help immediately.

💛 Neighbour Check-ins

Check on Elders, people living alone, or those with medical conditions at least twice a day – especially in the evening.

Let's take care of one another. Your check-in can save a life.

🌬️ Heat and Air Quality

If air is smoky or polluted, stay indoors if possible – but staying cool is more important. Go to a cooling centre if your home is too hot.

Together, we keep our community safe. ❤️

KATZIE FIRST NATION – Emergency Management Coordinator

If have any questions or need assistance call 604-465-8961 ext 414 or Alana@Katzie.ca



Mooring Registration Now Open! Katzie Wharf Boat Moorage

Boat owners—it's time to register your vessels for moorage at the
Katzie Wharf.

- Registration forms are now available.
- One boat per person may be parked at the wharf.
- A clear photo of your vessel must be submitted with your form.
- All applicants must read and initial the Moorage Use, Conduct, and Stewardship Policy as part of the registration process.

Don't miss your spot—secure your moorage today!
Submit completed forms and vessel photo to Farrah George via
email, farrah@katzie.ca or
in person at 19700 Unit B Salish Road, Pitt Meadows

Hay čx^w qə (Thank you)

School Supply Request Forms for Off-Reserve Members

Forms are still available!

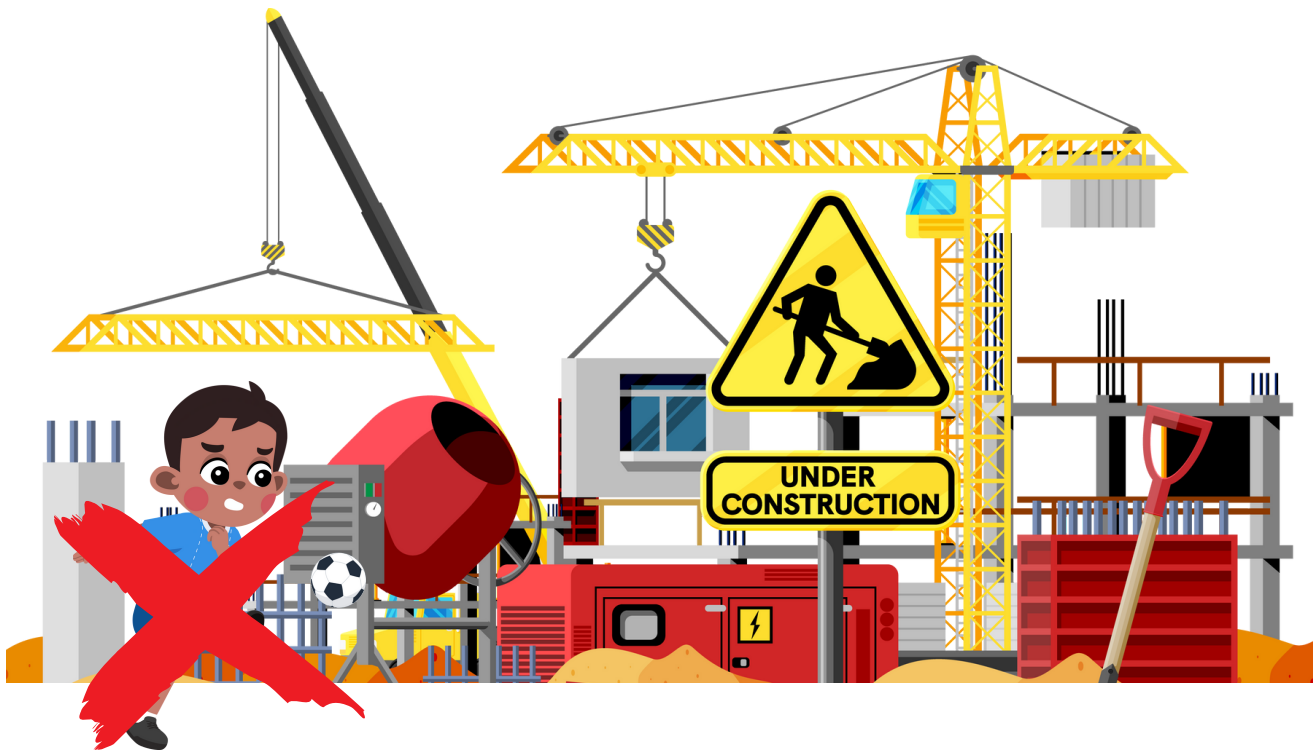
- **Pick-Up Location:** Katzie Health and Community Centre
- **Request via Email:** meghan@katzie.ca
- **Submission Deadline:** July 31

Please make sure to complete and submit your forms on time to assist us in preparing for the upcoming school year. If you have any questions, don't hesitate to contact Meghan.

Our goal is to ensure every student has the supplies they need to succeed. We appreciate your cooperation and look forward to supporting our community's educational needs. Thank you for your attention and prompt response!

If you know of any Off Reserve Katzie families who may benefit from this opportunity, please encourage them to reach out. We believe in the power of education and want to remove any barriers that might prevent our students from achieving their full potential. We will post on Facebook when the school supply allowances are ready for pick up. Thank you for being a part of this wonderful community initiative!





Important Reminder to Parents:

We kindly ask parents to speak with their children and explain that playing around construction sites is not safe.

We have received reports from several members who have observed kids playing in these areas. It is crucial for the safety of all children that they understand the potential dangers present at construction sites, such as heavy machinery, unstable structures, and hazardous materials. Please take the time to discuss these risks with your children and ensure they know to avoid these areas.

Additionally, we encourage parents to educate their children about alternative safe play areas, like local parks or playgrounds, where they can enjoy themselves without the risk of injury. Community safety is a shared responsibility, and together, we can create a secure environment for our children to thrive. Thank you for your cooperation and vigilance.

KATZIE FIRST NATION SALMON CEREMONY

SAVE THE DATE!

SUNDAY, JULY 20, 2025

NORTH BEACH, ALOUETTE LAKE GOLDEN EARS PARK

IR1 Bus Departs: 9:00AM
Ceremony Time: 10:00AM

*Bring your own Chairs &
Sunscreen*

*Snacks & Beverages Provided
and Tents for shade*

Share a Catered Lunch
Indian Tacos

More details will follow

Transportation requirements for IR2 & IR3,
or for a map for directions to North Beach,
please contact Rosalind at
#604-465-8961 Ext 106 / events@katzie.ca





Katzie Day!

Sunday August 17, 2025 | 2:00 - 9:00pm

Get ready to soar with excitement! Chief and Council are thrilled to bring back Katzie Day!

Jump into a whirlwind of fun with carnival games, a bouncy castle, a dunk tank, and a bubble bonanza! Treat yourself to cotton candy and popcorn. Swing by the fun stations for face painting, airbrush tattoos, balloon animals, and snap some memories at the photo booth.

Saunter over to the gym for a mouthwatering buffet BBQ dinner at 5:00pm

Afterwards hit the dance floor and groove at the DJ dance party!





Katzie Day
Katzie Health & Community Centre
Sunday, August 17, 2025

KATZIE FIRST NATION IS SEEKING BIDS FOR:

200 plates, include charge per plate

Potato Salad
Rice
Corn on the Cob
Grilled/BBQ Salmon
Hamburgers & Hot Dogs
Chicken Fingers
Raw Veggies & Dips
Small Green Salad – Gluten Free Dressing
Condiments: Grated Parmesan, Ketchup, Mustard, Relish, Mayo,
Chopped Onion, Sliced Tomato, Butter, Salt & Pepper

Fresh Fruit Salad

Desserts: Jello in Large Bowls, Whipped Cream, Cool Whip
Sugar Free Jello in Large Bowls

Dietary options are required including Keto, Gluten Free, Dairy Free options to cater to all dietary restrictions

KFN will supply: SALMON, Coffee, Tea, Water, Plates, Cutlery, Napkins,
Cold Drinks and Cake

The caterer will have use of the KHCC kitchen and is responsible for cleaning

Submit your bid no later than **3:00pm on Friday, July 18, 2025**

by emailing to events@katzie.ca

Marked as "2025 Katzie Day"

*Bidders must provide copy of Food Safe Certification"

Katzie First Nation Summer Program 2025

Ages 5-18



ey swayel, Katzie youth and families!

We're excited to welcome you to the **Katzie First Nation Summer Youth Program**, running throughout the month of **August 2025**! This program is a celebration of our culture, community, and connection to the land, with a full schedule of engaging activities, creative workshops, language learning, and fun field trips.

Program Dates & Times	Meals Provided
Dates: Tuesday, August 5 – Friday, August 29, 2025 Time: 10:00 AM – 2:00 PM Location: Katzie Health & Community Centre (HCC) Please note: No program on Monday, August 4 (BC Day) No program on Monday, August 18 Ages 5-12 Monday-Thursday, no program Fridays Ages 13-18: Monday-Tuesday & Thursday-Friday (No program Wednesday for ages 13-28)	Monday, Tuesday, Thursday: Breakfast at 9:30 AM Lunch provided daily Wednesday & Friday (Field Trip Days): Breakfast at 8:30 AM Depart HCC at 9:00 AM sharp Lunch provided Return to HCC by 3:00 PM

Program Highlights

- **hənqəminəŋ classes with Paula Leon** – Learn and celebrate our traditional language.
- **Creative Crafts** – Hands-on projects to express creativity.
- **Fun Field Trips** – Explore, play, and connect with the land and each other.
- **Daily Activities** – Games, storytelling, and community-building fun.

We're looking forward to an unforgettable summer filled with laughter, learning, and legacy. Please review the attached calendar for full activity details and return your completed permission form to secure your spot!

Let's make August amazing—together.

Field Trip Schedule

Wednesdays:

Ages 5–12 only

No program for ages 13–18

Fridays:

Ages 13–18 only

No program for ages 5–12

For Ages 5–12:

Wednesday, August 6 – Alouette Lake (North Beach) (No Program for ages 13-18)

Wednesday, August 13 – Cultus Lake Water Slides (No Program for ages 13-18)

Wednesday, August 20 – Maple Ridge Spray Park (No Program for ages 13-18)

Wednesday, August 27 – Greater Vancouver Zoo (No Program for ages 13-18)

For Ages 13–18:

Friday, August 8 – Alouette Lake (North Beach) (No Program for ages 5-12)

Friday, August 15 – Cultus Lake Water Slides (No Program for ages 5-12)

Friday, August 22 – Maple Ridge Spray Park (No Program for ages 5-12)

Friday, August 29 – Greater Vancouver Zoo (No Program for ages 5-12)

To participate in this program, please fill in the form attached and return to Peggy at the Health Center,
or Victor or Taylor-Bree by Friday, July 19th, 2024.

WITHOUT A PERMISSION SLIP YOU WILL NOT BE ABLE TO ATTEND

Children are expected to participate every day in order to attend field trips



Elders Calendar

July

2
0
2
5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 Canada Day CLOSED	2	3 Elders Meals	4
7 Craft Night at 4:30	8 Elders Meals	9	10 Elders Meals	11
14	15 Bill Reid Museum	16 Meditation at 4:00pm	17 Elders Meals	18 Elders Luncheon at Tetoten Centre at 11AM
21 Craft Night at 4:30	22 Elders Meals	23	24 Elders Meals	25
28 Steveston Village	29 Bingo Night at 4:30	30 Meditation at 4:00pm	31 North Beach	1

Rosie Leon

Elders Traditional Kitchen &
Events Coordinator
E: elderscoordinator@katzie.ca

Bruce Leon

Elders Support Worker
E: bruce@katzie.ca

Katzie Health and Community Centre
19700A Salish Road, Pitt Meadows
P: 604-465-8921 ext. 114

Lets wish our Elders a Happy Birthday!

HAPPY
Birthday

July 17	Rita Cunningham
July 17	Kathy Pierre
July 17	Marg James
July 20	Allan Miller
July 21	George Moody
July 27	Mary Sylvester
July 28	Paula James
July 29	Teresa Leon
July 31	Leslie Bailey



ELDERS GROUP

Summer outings

JULY 15

Deadline to sign up: Jul 11

~~Bill Reid Gallery, Vancouver.~~

Meet at the Katzie Health and Community Center at 8:00am
Bus Leaves at 8:30am

JULY 28

Deadline to sign up: Jul 24

Steveston Village, Richmond

Meet at the Katzie Health and Community Center at 9:00am
Bus Leaves at 9:15am

JULY 31

Deadline to sign up: Jul 29

Golden Ears, North Beach Picnic

Meet at the Katzie Health and Community Center at 9:30am
Bus Leaves at 9:45am

AUG 7

Deadline to sign up: Aug 1

Vancouver Aquarium

Meet at the Katzie Health and Community Center at 8:30am
Bus Leaves at 9:00am

AUG 14

Deadline to sign up: Aug 11

Vancouver Zoo, Langley

Meet at the Katzie Health and Community Center at 9:00am
Bus Leaves at 9:30am

AUG 21

Deadline to sign up: Aug 18

Lunch and Movies, Langley

Meet at the Katzie Health and Community Center at 12:15 for
the Old Spaghetti Factory, Langley.
Movies will be right after lunch at Langley Cineplex

Elders are required to register for the outings and complete
the waiver field trip forms.

Please sign up with Bruce Leon or Rosie Leon. If you have any
questions, feel free to reach out to us at
elderscoordinator@katzie.ca or bruce@katzie.ca.



Elders retreat at Loon Lake

Sept 29 - Oct 1 2025

Elders come spend some relaxing days at Loon Lake. we will be spending 2 nights in Loon lake retreat and lodge cabins.

LIMITED SPOTS AVAILABLE

Date: Monday Sept 29 - Wed. Oct 1

More information to be announced

**Please sign up with Rosie Leon or Bruce Leon.
elderscoordinator@katzie.ca bruce@katzie.ca**

The cabin is not wheelchair and walker accessible. Any person that signs up must be able to be physically able to take stairs and steep hills.



BANNED INDIVIDUALS

The individuals in the pictures below are **formally banished** from **all Katzie First Nation Lands**. If you see any of these individuals on Katzie Lands, please report their name and location immediately.

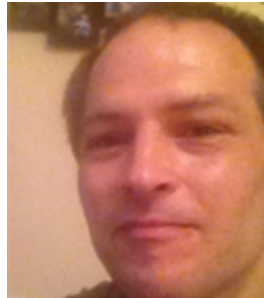
- During Office Hours (**Monday - Friday, 8:30 AM - 4:30 PM**): Contact the Katzie First Nation Land Steward at **604-465-8921**, extension **418**, or email **landsteward@katzie.ca**
- After Hours: Contact the **RCMP** at **604-463-6251** with the individual's name and location.



Greg Patterson



Randy Frostad



William Lowen



Rick Vanderwal



James Steinmann



Christina Wallis



Frank Williams



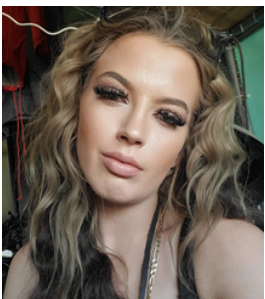
Lance Rosiek



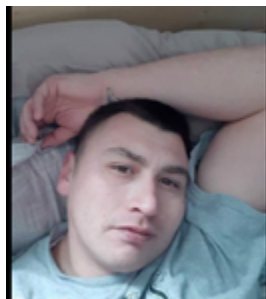
Tom Blackbird



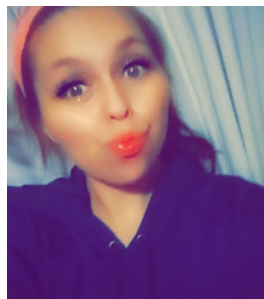
Richard Rheaume



Courtney Frostad



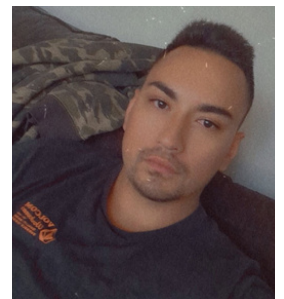
Ricky Halverson



Rebecca Bailey



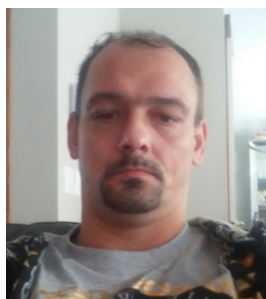
Misty Chalmers



Logan Chick



Cody Florence



Shane Erickson

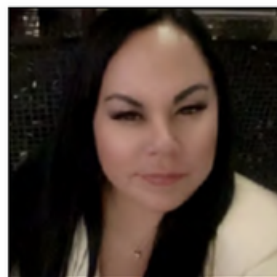
Leadership:



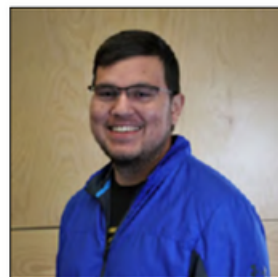
Grace
George
Chief
grace@katzie.ca



Rick
Bailey
Council
rick@katzie.ca



Lisa
Adams
Council
lisa@katzie.ca



David
Kenworthy
Council
david@katzie.ca

CAO & Directors:

Stacey
Goulding

Chief Administrative Officer
stacey@katzie.ca

Kimberly
Armour

Director of Territorial
Guardianship and Referrals
kimberly@katzie.ca

Grace
George

Acting Director of Health
Services
grace@katzie.ca

Allison
Carcamo

Acting Director of Health
Services
alisson@katzie.ca

Band Office:

201	Nancy Florence	Reception/Office Assistant	reception@katzie.ca
205	Kim Ranger	Human Resources	humanresources@katzie.ca
409	Mehreen Saleem	Human Resources Administrator	hradmin@katzie.ca
107	Moirra Adams	Operations Service Manager	moira@katzie.ca
412	Lakshmi Aravind	Executive Assistant to CAO	executiveassistant@katzie.ca
106	Rosalind McKensie	Events Coordinator	events@katzie.ca
102	Imelda Manthovani	Finance Manager	financemanager@katzie.ca
211	Rachel Florence	Payroll Accounts Receivables Specialist	rachel@katzie.ca
212	Debbie Janus	Tax Administrator Accounts Payable Specialist	debbie@katzie.ca
115	Angelita De Leon	Project Accountant	Angelita@katzie.ca
416	Sasha James	Finance Clerk	sasha@katzie.ca
204	Marcus Rollins	Incremental Self Government Manager	marcus@katzie.ca
n/a	Roma Leon	Guardian Manager	roma@katzie.ca
n/a	Carly Spence	Referrals Coordinator	carly@katzie.ca
n/a	Cherish Nava	Referrals Coordinator	cherish@katzie.ca
n/a	Mike Leon	Lead Guardian	mike@katzie.ca
n/a	April Pierre	Guardian Coordinator	aprilpierre@katzie.ca



Band Office

Ph: 604-465-8961



Katzie Health and Community Centre

Ph: 604-465-8921



Pharmacy

Ph: 604-457-1030



Katzie Dev Corp

Ph: 604-460-8837



Early Years Centre

Ph: 604-458-0045

Health and Community Centre:

101	Peggy Florence	MOA Specialized Receptionist	peggy@katzie.ca
103	Barbara Larsen	Health Services Executive Assistant	healthservicesea@katzie.ca
116	Alysha Khakh	Clinical Social Worker	alysha@katzie.ca
420	Allison Carcamo	Mental Health and Substance Use Coordinator	allison@katzie.ca
	Heather Dickson	MHSU Counsellor	MHSUCounsellor@katzie.ca
422	Jennifer Prince	Fraser Health MOA	jennifer.prince2@fraserhealth.ca
427	Damian George	Traditional Healing & Support Worker	damian@katzie.ca
426	Donna Leon	Human & Social Services Manager	donnaleon@katzie.ca
407	Cameron Bailey	Income Assistance/Program Assistant	cameron@katzie.ca
426	Sarah Hildner	Training and Admin Assistant	training@katzie.ca
111	Meghan Florence	Youth Engagement & Education Coordinator	meghan@katzie.ca
109	Victor Florence	Youth Lead	victor@katzie.ca
	Taylor-Bree	Youth Coordinator	Taylor-bree@katzie.ca
114	Rosie Leon	Elders Traditional Kitchen & Event Coordinator	rleon@katzie.ca
114	Bruce Leon	Elders Support Worker	bruce@katzie.ca

Lands Department and Housing, Infrastructure & Public Works:

(Located in the Katzie Early Years Centre, Upstairs)

411	Susan McKamey	Lands Manager	landsmanager@katzie.ca
413	Bei Jiang	Planning and Development Officer	Planning_developmentofficer@katzie.ca
418	Amit Kumar Dogra	Land Steward	landsteward@katzie.ca
414	Alana Park	Emergency Preparedness Coordinator	alana@katzie.ca
411	Mohammad Heidari	HIP Manager	mohammad@katzie.ca
415	Lesley Nantel	Housing Supervisor	housingsupervisor@katzie.ca
406	Farrah George	Admin Assistant	Farrah@katzie.ca
408	Jamie Chalmers	Housing Coordinator/Membership	jamie@katzie.ca
424		Land and Registration Administration Clerk	landsadmin@katzie.ca
203	Bill Miller	Public Works	bill@katzie.ca