

The qicəy News

Attract what you expect, Reflect what you desire
Become what you respect, Mirror what you admire

December 3, 2021

Children and Youth Christmas Gifts

Due to the Covid-19 Pandemic situation we regret to inform you that we will not be gathering during this holiday season as we normally do.

All onreserve children and youth will receive either a \$50.00 Walmart or Amazon gift card.

We ask all parents/guardians to discuss with your children and youth ages 0-17 what their preference is and email sasha@katzie.ca.

We will do our best to honor each preference, but it will be under a first come fist served basis.

We have a limited number of gift cards available for Children of off reserve members, please email Sasha to sign up, and we will do our best to accommodate.

**Deadline to sign up is
Friday, December 3rd.**



Christmas Benefit & COVID-19 Supplement

2021

Chief and Council are pleased to announce that a quorum has been met approving the annual 2021 Christmas benefit for all registered Katzie members. Chief and Council understand everyone has undergone stress throughout the pandemic situation. Therefore, Chief & Council has also agreed to release a COVID-19 supplement for each registered Katzie member.

Please be advised, due to the number of payments being issued all payments will be processed in cheque form. We will have a COVID friendly pickup zone on Friday, December 3rd. We will hold onto all local cheques until December 8th, after this date they will be mailed. Please accept our apology for any inconvenience this may cause.

Christmas Benefit

- Adult Katzie Member
\$200.00
- Children/Youth (0-17)
\$100.00
— Payable to the parent/legal guardian
- Elders Ages 55+
\$100.00
-In addition to their regular benefit.

COVID-19 Supplement

- Each Registered Katzie Member
\$300.00
-Children/youth supplement payable to the parent/legal guardian



Christmas Community Event

Virtual Community Christmas Party via Zoom

Tuesday, December 14th, 2021

6:00PM

Zoom Login will be posted to the community page.

Agenda:

-Virtual BINGO

Note: BINGO is open to local community members (and their family) who are able to pick up the packages from Peggy at the Katzie Health Center.

-Virtual Scavenger Hunt

-Virtual Pictionary

-Door Prizes

-And a whole lot of FUN! ☺

Local community members can pick up BINGO packages from Peggy at the health center reception any time after December 8th.

As we are not able to get together to share a meal during this festive season, on Sunday, December 12th each household on reserve will receive a grocery gift card offering to assist with Christmas dinner with your families.

We have very limited cards for off reserve members available on a first come first served basis. Please email sasha@katzie.ca to sign up.





HOW TO PREPARE FOR A FLOOD

Floods can happen to anyone—they are one of the most common and dangerous natural disasters. Before you experience a flood, use this checklist to make sure you, your family, and your home are covered and stay safe.

Think Safety First:

- Have a disaster plan ready for your family to follow: Where to go, what to do, how to reconnect
- Make sure you know your community's evacuation plan and evacuation routes
- Stay weather aware—sign up for emergency messages for your area or download a weather app that will notify you
- Avoid driving on flooded roads and never attempt driving across flooded roadways.
- Know how to turn off your home's gas, electricity, & water
- Identify shelters and alternative evacuation routes
- Have a plan in place for your pets.

Pack your Emergency Kit:

- Include everything you need to survive for at least 72 hours: extra clothing, blankets, medication, food, water, toilet paper
- Extra items to include: important documents, first aid kit, flash light, charges, multi-tool radio, batteries.

Did you know?:

Over the past century, we have experienced more intense and frequent storms.

Floods in both Toronto and Calgary in 2013 prompted the Canadian insurance industry to offer what it called "overland flood coverage: starting in 2015. The insurance Bureau of Canada estimates about 50 per cent of BC property owners have purchased it.



The most important thing you can do when your home starts to flood is to get your family to safety. After the flood, call your insurance provider, if you have insurance coverage for a flood, and they will begin the claims process and schedule an adjuster to come to your home.

When you go back to the area remember to wear the proper gear and document everything. Also, remember to keep all of your temporary housing receipts.



KATZIE
FIRST NATION
...Land of the Moss

P: (604)465-8961 | F: (604)465-5949
19700 Salish Road, Pitt Meadows, BC, V3Y2G1

NOTICE OF
PRE-ELECTION MEETING
TENTATIVELY DECEMBER 9TH, 2021
6:00 PM - 6:30 PM

AGENDA

- Appoint Electoral Officer to oversee the Nomination and Election Procedures
- Appoint assistant Electoral Officer responsible for the polls at IR # 2 and IR # 3
- Review the Provisions of Code

Please note that you must register to attend the virtual Pre-Election Meeting by email meetings@katzie.ca

Dates below will be confirmed by the Electoral Officer

- **Nominations:**
- **All candidates forum**
- **Election day:**
 - 8:00am - 8:00pm Katzie IR#1
 - 1:00pm - 7:00pm Katzie IR#2
 - 1:00pm - 7:00pm Katzie IR#3

COVID-19 VACCINATION

3rd DOSE BOOSTER CLINIC

December 8, 2021 | 9:00AM—4:00PM

The clinic will run all day and appointment times will be scheduled as they have been in the past - those who had attended our clinic on June 2nd will get a phone call with an appointment time (no need to sign up)

If people would like to get their first dose, or a second dose (must be 4 weeks since first dose) please contact moira@katzie.ca or 604-465-8961 ext 107 to be scheduled.

Children ages 5 - 11 can get their vaccines at this time. If you haven't got a phone call already setting up an appointment, please contact Moira at moira@katzie.ca

Any questions about the vaccine can be directed to our nurse Kirsten (kirsten.stevens@fraserhealth.ca) or Allison (allison@katzie.ca)



EDUCATION DEPARTMENT

NOVEMBER 24TH 2021

604-465-8921 EXTENSION 426; NATASHA@KATZIE.CA

HIGH SCHOOL STUDENT BUS PASSES

If you are one of the students that receives a bus pass to WESTVIEW or CONNEX, your envelopes will be ready for pick up at reception from the BAND OFFICE FRONT DESK by Monday, November 29th.

STUDENT OF THE MONTH AWARDS



Student of the month awards are BACK! Please enter before December 16th 2021 to win a prize!! Any students are allowed to enter; forms are available at the front desk of the HEALTH CENTER, or you can email Natasha with the following information:

- Name of the Student
- Grade of Student
- Parents contact Info (to send notifications if they won the prizes, that's it)
- What the student has achieved academically that they are proud of (high test scores, good grade on a paper, good grades on homework etc)

INDIGENOUS YOUTH PEER SUPPORT PROGRAM



Use *your* lived experience to support *other* Indigenous youth by becoming a peer support worker!

WHAT

- Provide social and emotional support to young people experiencing mental health challenges
- 10 week FREE virtual training program (Two days/week @ three hours/day)
- Three month practicum (Three hours/week)
- Six month PAID Youth Peer Support Worker contract position with Fraser Health (20 hours/month)
- Out-of-pocket expenses covered (i.e. travel, parking)

WHO

- Indigenous Youth 18-27 years old
- Lived experience with mental health challenges
- Minimum six months reasonable wellness and a strong support network
- Passion for helping others
- Regular access to a computer and email
- Live in Fraser Salish Region (Burnaby to Tsawwassen to Boothroyd)

WHEN

JANUARY 2022

WHERE

Training delivered virtually on ZOOM



APPLY TODAY!

Contact:

YouthPeerSupport@fraserhealth.ca

Artwork by Rain Pierre from Rain Awakens.

Canada

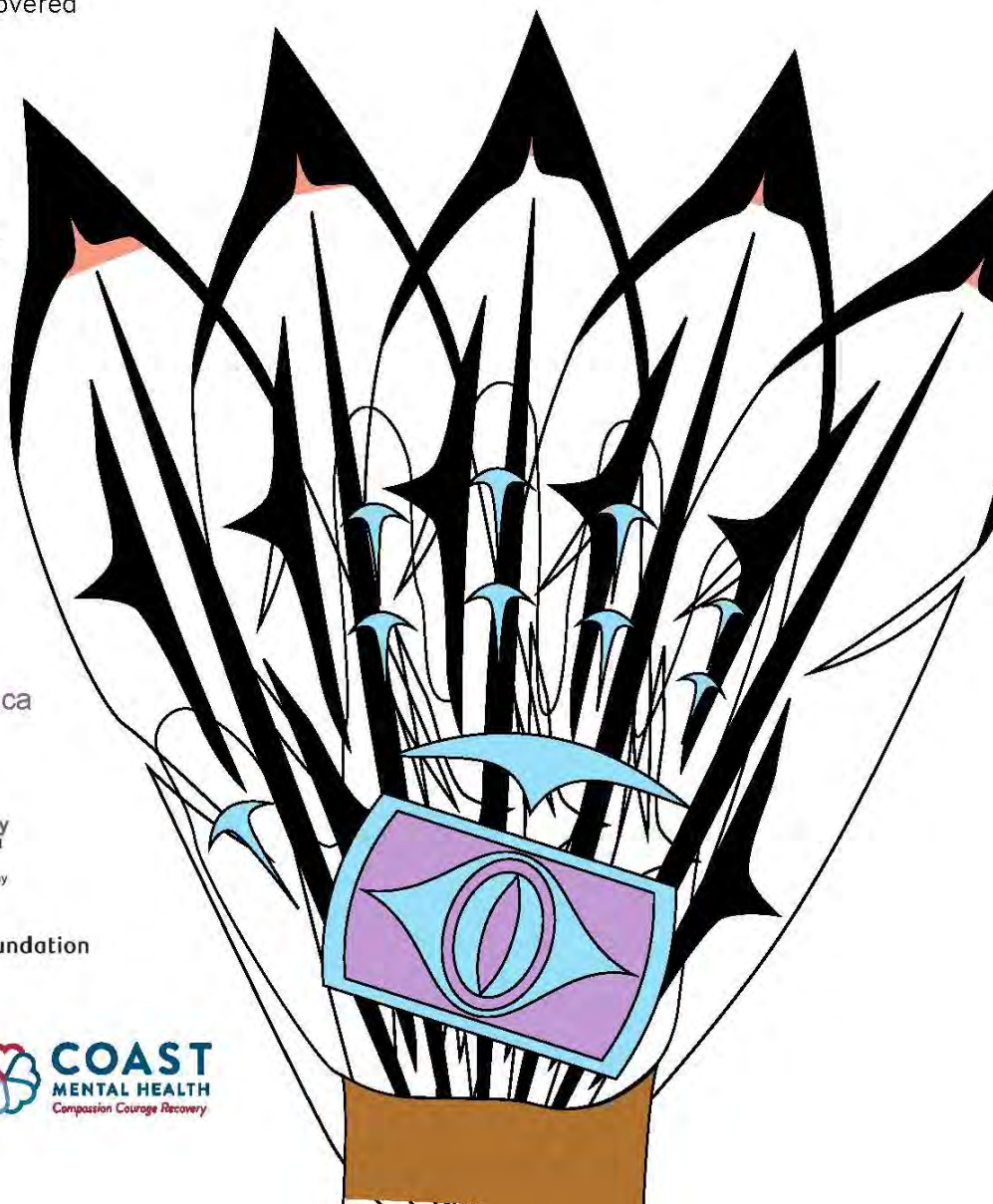
Funded by the
Government of Canada



Administered by United Way
of the Lower Mainland



Foundation



**The voice of youth
is the voice
of change.**

**Put your experience,
values, and views about
health and wellness
into action.**

Join the

Fraser Salish Youth Council



FRASER SALISH REGION
First Nations Health Authority

***Many fish,
same water...
your voice matters!***

Contact Katelyn.Moon@fnha.ca



YOU CAN HAVE YOUR SAY ON LET'S TALK KATZIE!

WHAT'S HAPPENING ON LET'S TALK KATZIE?

Katzie First Nation has many initiatives underway on which members can have input. Because of the ongoing pandemic, the safest and easiest way to “have your say” is through our on-line engagement platform Let’s Talk Katzie.

Available only to Katzie members through registration and a secure password, Let’s Talk Katzie currently features some highly topical subjects that we want input on. They include, but are not limited to:



GETTING INVOLVED

If you want input into key parts of Katzie’s future, come on to *Let’s Talk Katzie* today! Just go to <https://letstalkkatzie.ca/> to register and/or log in.

As further incentive to participate, we are working to organize bi-monthly prize draws for users who are the most engaged on *Let’s Talk Katzie*. Those who have the highest level of participation across the many different projects on *Let’s Talk Katzie* will have the best chances to win!

**FOR MORE INFORMATION CONTACT
MARCUS ROLLINS:**

Email: marcus@katzie.ca

Phone (Weekday from 8:30am – 4pm):

604-928-1846



The KFN 2022-2027 Strategic Plan



Flood Control Measures at Katzie



Self-Government Memorandum of Understanding with BC & Canada



The Upper Pitt Fisheries Strategic Plan



ICBC supports all British Columbians affected by flooding

As our province recovers from the severe weather events experienced last week, ICBC is here for you.

We recognize many Indigenous communities across B.C. are facing significant challenges due to flooding and landslides, and we're committed to supporting impacted customers during this difficult time.

ICBC is continuing to prioritize flood related claims and we're issuing a replacement identification for free without the customer needing to present identification to process the transaction (some exceptions may apply). This process is in place for acquiring a replacement driver's licence, B.C. Services Card and B.C. identification card.

For ICBC customers who need to report a claim due to weather-related damage, it can be done [online](#) or by phone (**1-800-910-4222**) at any time.

As restoration work gets underway, we urge all British Columbians to stay away from floodwater as much as possible – flooded rivers and streams are unpredictable, and flood water can carry toxic chemicals. If you find yourself on a road that's flooded, it's best to attempt to safely turn around. The maximum depth a car can safely drive through is approximately 10 centimetres.

For up-to-date information about flood warnings and areas under evacuation orders, please see the [River Forecast Centre](#).

ICBC's top priority is the safety and security of our customers and employees and we will do everything we can to continue to serve our customers and business partners during this challenging time. For more information about insurance coverage and restrictions for residents in affected areas, please contact your Autoplan broker.

Pedestrian safety significant concern during fall and winter

Last month, ICBC launched a pedestrian safety campaign to urge pedestrians and drivers to stay safe as crashes involving pedestrians nearly double at this time of year. Nearly half of all pedestrian fatalities occur between October and January as the weather changes and daylight hours decrease.

Pedestrian safety is of significant importance in B.C. – pedestrians are among the most vulnerable road users when a crash occurs.

Drivers should take extra time to scan for pedestrians near transit stops and before turning at intersections, avoid distractions and be ready to yield.

Pedestrians can help stay safe by making eye contact with drivers, watching for drivers turning left or right at intersections, and using designated crosswalks.

In collaboration with members of Indigenous communities across the province, ICBC recently developed a reflector shaped as a feather. The eagle feather signifies honor, strength, trust, wisdom, power and freedom. The eagle is a protector, and these reflectors are meant to do just that.

Have any questions or need more information about road safety in your community? Please feel free to reach out to me:

Kate Woochuk

Road Safety & Community Coordinator
Pitt Meadows, Maple Ridge & Mission

22811 Dewdney Trunk Road
Maple Ridge | British Columbia | V2X 9J7

email: kate.woochuk@icbc.com **office:** 604-467-7738 | **cell:** 604-789-3017



Urgent and Primary Care Centres

What is an Urgent and Primary Care Centre (UPCC)?

An Urgent and Primary Care Centre offers same-day care for patients presenting with urgent, non-life-threatening injuries or illnesses that require an assessment within 12 – 24 hours, but do not require the services of an emergency department.

An Urgent and Primary Care Centre is not meant to replace your family doctor or care provider for general health care. Neither will a UPCC replace a hospital's emergency department for life-threatening illnesses or injuries. Rather, the Urgent and Primary Care Centre is an additional service in the community, providing urgent-care services to patients, when and where they need them.

<p>An Urgent and Primary Care Centre can help you when:</p> <ul style="list-style-type: none"> You do not have a family doctor or nurse practitioner. You cannot access a walk-in clinic. You are unable to access an appointment with your primary care provider for an urgent medical need. 	<p>When should I visit the Urgent and Primary Care Centre?</p> <ul style="list-style-type: none"> Sprains and strains that do not require an x-ray. New wounds or skin cuts. Persistent infections, including chest, ear, skin, throat and urinary tract. New or worsening pain. Concern for sexually transmitted infections. Acutely worsening mood such as anxiety or depression.
<p>Flood Emergency Support Numbers</p>	<p>For Chilliwack: General inquires, evacuees can call: City Hall 604-792-3311 (available 830-1630)</p> <p>For Abbotsford: Evacuees with questions can call the Public Information Line at 604-864-5688</p>

UPCC Directory

Site	Contact Numbers	Hours of Operation	Address
Abbotsford Urgent and Primary Care Centre	Ph: 604-870-3325 Fax: 601-852-1351	Monday to Friday: 8 a.m. to 4 p.m.	2692 Clearbrook Rd, Abbotsford
Edmonds Urgent and Primary Care Centre	Ph: 604-519-3787. Fax: 604-519-3765	Monday to Friday: 5:00 p.m. – 9:00 p.m. Saturday: 2:00 p.m. – 8:00 p.m. Sunday and Statutory Holidays: 12:00 p.m. – 6:00 p.m.	Suite 201, 7315 Edmonds Street, Burnaby Located at PrimeCare Medical Centre (2nd floor)
Ridge Meadows Urgent and Primary Care Centre	Ph: 604-476-4650 Fax: 604-466-6612	7 days a week: 9 a.m. to 8 p.m.	121-11900 Haney Place, Maple Ridge
Tri-Cities Urgent and Primary Care Centre	Ph: 604-469-3123	7 days a week: 1 p.m. to 8 p.m.	475 Guildford Way, Port Moody (Access is located at the North-East corner of the Eagle Ridge Hospital site)
Surrey-Whalley Urgent and Primary Care Centre	Ph: 604-572-2610	Urgent care walk-in hours: Monday to Friday: 10:00 a.m. to 9:00 p.m. Saturdays, Sundays, Statutory Holidays: 10:00 a.m. to 9:00 p.m. Primary care appointment hours: Monday to Friday: 10:00 a.m. to 9:00 p.m.	Unit G2 9639 137A Street, Surrey
Surrey-Newton Urgent and Primary Care Centre	Ph: 604-572-2625 Fax: 778-590-6961	Urgent care walk-in hours: Monday to Friday: 5:00 p.m. to 9:00 p.m. Saturdays, Sundays, Statutory Holidays: 9:00 a.m. to 9:00 p.m. Primary care appointment hours: Monday to Friday: 9:00 a.m. to 5:00 p.m.	6830 King George Boulevard, Surrey

Fraser Health Resource Guide

<p>Flood Emergency Support Numbers</p>	<p>ESS Information Centre:</p> <ul style="list-style-type: none"> • Evacuees, responders and suppliers can call 1-800-585-9559 <p>For Chilliwack:</p> <ul style="list-style-type: none"> • General inquires, evacuees can call: City Hall 604-792-9311 (available 830-1630) <p>For Abbotsford:</p> <ul style="list-style-type: none"> • Evacuees with questions can call the Public Information Line at 604-864-5688 <p>For Harrison/Hope/Kent:</p> <ul style="list-style-type: none"> • If you would like to report an incident or need assistance please call the Emergency Operations Centre at 778-704-0400
<p>First Nations and Métis Support</p>	<p>Aboriginal Health Liaison Line 1-866-766-6960</p> <p>Aboriginal Mental Health Liaison Services Surrey: 778-288-6043 Abbotsford/Mission: 604-814-5601 Chilliwack: 604-702-4860 ext 614894 Hope/Agassiz: 604-860-3114 Maple Ridge/Coquitlam area: 604-652-4610</p> <p>Elders in Residence: 1-236-886-6743</p> <p>First Nations Health Authority Wellness System Navigation: 604-743-0635 or email at systems.support@fnha.ca. (Leave a voice message for a prompt response.)</p> <p>First Nations Health Authority Fraser Salish Regional Office: 604-410-1513</p> <p>KUU-US Crisis Line Society Adults/Elders: 250-723-4050 Child/Youth: 250-723-2040 Toll free: 1-800-588-8717 Métis Line: 1-833-MétisBC</p> <p>First Nations Virtual Doctor of the Day: seven days a week from 8:30 a.m. to 4:30 p.m. at 1-855-344-3800</p>
<p>Medications</p>	<p>Visit any pharmacy and speak to the pharmacist for information regarding access to emergency supply of medications you may need without seeing a physician or nurse practitioner.</p> <p>For free advice about medications during the evening, call 8-1-1 to speak to a pharmacist from 5:00 p.m. to 9:00 a.m.</p>
<p>Doctor/Nurse Practitioner</p>	<p>If you need immediate emergency care, please go to the nearest emergency department:</p> <ul style="list-style-type: none"> • Abbotsford: 32900 Marshall Rd, Abbotsford, BC V2S 0C2

	<ul style="list-style-type: none"> • Surrey: 13750 96 Ave, Surrey, BC V3V 1Z2 • Burnaby: 3935 Kincaid St, Burnaby, BC V5G 2X6 • Fraser Canyon: 1275 7th Ave, Hope, BC V0X 1L4 • Chilliwack General Hospital: 45600 Menholm Rd, Chilliwack, BC V2P 1P7 <p>If your need is not an emergency, you need to speak to a physician or nurse practitioner:</p> <ul style="list-style-type: none"> • Abbotsford Urgent and Primary Care Centre: 2692 Clearbrook Rd, Abbotsford, BC V2T 2Y8, (604) 870-3325 • Surrey Newton Urgent and Primary Care Centre: 6830 King George Blvd, Surrey, BC V3W 4Z9, (604) 572-2625 • Chilliwack Primary Care Clinic: 45600 Menholm Rd, Chilliwack, BC V2P 1P7, (604) 702-2850
<p>Virtual Care</p>	<p>If you need to speak with a registered nurse and cannot contact your doctor/care provider:</p> <ul style="list-style-type: none"> • Fraser Health Virtual Care (10:00am to 10:00pm, 7 days a week): 1-800-314-0999 • Web chat link: https://www.fraserhealth.ca/patients-and-visitors/fraser-health-virtual-care • Health Link BC at 8-1-1
<p>Mental Health and Substance Use (MHSU) Clients</p>	<p>For support to adult (19+) residents experiencing mental illness, and substance issues:</p> <ul style="list-style-type: none"> • Abbotsford Mental Health and Substance Use Centre: 11-32700 George Ferguson Way, 604-870-7800 • Agassiz Mental Health Centre: 7243 Pioneer Avenue, 604-793-7161 • Hope Mental Health Centre: 1275A 7th Avenue, 604-860-7733 • Surrey Mental Health Centre: 1100-13401 108th Avenue, 604-953-4900 • Chilliwack Mental Health and Substance Use Centre: 45470 Menholm Road, V2P 1M2 <p>For support to individuals who are experiencing substance use and addictions issues:</p> <ul style="list-style-type: none"> • Alcohol and drug information and referral service: 604-660-9382 • Abbotsford Addictions Centre: 202-31943 South Fraser Way • Agassiz Harrison Community Services: 7086 Cheam Avenue • Hope and Area Transition Society: 400 Park Street • Pacific Community Resources: 45921 Hocking Ave, Chilliwack, BC V2P 1B5, (604) 795-5994 <p>To find out which substance use (addictions) services are right for you, call:</p> <ul style="list-style-type: none"> • B.C. Alcohol and Drug Information and Referral Service: 1-800-663-1441 or 604-660-9382 <p>Fraser Health crisis line: 604-951-8855 or 1-877-820-7444</p> <p>Indigenous specific supports:</p> <ul style="list-style-type: none"> • Aboriginal Health Liaison Line: 1-866-766-6960 • FNHA Wellness System Navigators: 604-743-0635 or email at systems.support@fnha.ca. (Leave a voice message for a prompt response.) • FNHA First Nations Virtual Substance Use and Psychiatry Service: 1-833-456-7655 • FNHA Mental Wellness and Counselling (Health Benefits): 1-855-550-5454 • KUU-US Crisis Line: 1-800-KUU-US-17 (1-800-588-8717)

<p>Harm Reduction</p>	<p>Harm Reduction supplies can be accessed through Public Health Units and community distribution sites</p> <p>https://www.fraserhealth.ca/health-topics-a-to-z/mental-health-and-substance-use/harm-reduction/get-new-sterile-supplies</p> <p>https://towardtheheart.com/site-finder</p>
<p>Home Health/Seniors Care</p>	<p>For general information on Home Health Care or Senior Care: 1-855-412-2121. They can:</p> <ul style="list-style-type: none"> - Redirect you to the appropriate home health office - Provide assistance with surgical wounds or other nursing care - Help with bathing, using the toilet, grooming, and medications - Rehabilitation after a hospital stay - Short-term borrowing of a walker, wheelchair, or other equipment <p>If you were receiving health care or personal care services in your home, please call the Home Health Service Line if you need services while in Fraser Health. If you have medical equipment needs (walker, wheelchair), you can also call this phone number</p>
<p>Public Health and Maternity Care</p>	<p>To book an appointment (immunizations, dental fluoride or prenatal breastfeeding classes):</p> <ul style="list-style-type: none"> - Residents of Fraser East (Mission, Abbotsford, Chilliwack, Agassiz and Hope): 604-702-4906. - Residents in any other area of Fraser Health: 604-476-7087 <p>Information regarding specific Public Health Units can be found at: https://www.fraserhealth.ca/service-directory/services/public-health-services/public-health-unit</p>
<p>COVID-19</p>	<p>Testing If you develop cold, flu or COVID-19-like symptoms, you need to self-isolate and get tested for COVID-19. Information on testing and getting a vaccine:</p> <ul style="list-style-type: none"> • Fraser Health's COVID-19 online appointment booking website at fraserhealth.secureform.ca • Fraser Health's COVID-19 phone line, seven days a week from 8:30 a.m. to 4:30 p.m. at 1-604-587-3936 • Walk-in COVID-19 test appointments at the following locations: <i>(Online appointment booking is preferred.)</i> <p>Vaccination: To book a vaccination appointment, visit: https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register</p> <p>Drop in clinics: www.fraserhealth.ca/vax</p> <p>COVID-19 Test Results Access COVID-19 test result by phone, text or online by contacting one of the following: (Find more COVID-19 test result information at fraserhealth.ca.)</p> <ul style="list-style-type: none"> • <u>Get test results by phone:</u> Clients can call the BCCDC COVID-19 Test Result line seven days a week from 8:30 a.m. to 4:30 p.m. at 1-833-707-2792.

	<ul style="list-style-type: none"> • <u>Get test results by text:</u> Sign up for a text message by having your Personal Health Number and mobile device handy and filling in a webform. Visit results.bccdc.ca for more information. • <u>Get test results online:</u> Register for online results with Health Gateway at gov.bc.ca/healthgateway to receive a text or email message as soon as results are available. <p>Positive COVID-19 Cases If you receive a positive COVID-19 result, you will be contacted by Public Health. They will provide you with instructions and necessary supports. While waiting, you will need to remain self-isolated. You can find self-isolation resources at www.fraserhealth.ca under COVID-19 shareable resources on self-isolation.</p> <p>Social supports during self-isolation Contact public health to make a referral if your client requires social support during self-isolation. Contact public health Monday to Friday, from 8:00 a.m. to 4:00 p.m. at 1-604-860-7631. A limited number of cell phones are available to clients who require a cell phone.</p> <p>Indigenous Clients requiring social supports during isolation Contact the FNHA to connect Indigenous clients with the Wellness Systems Navigators who can connect Indigenous clients to a wide range of wrap around, culturally specific supports: 604-693-6500 or 1-866-913-0033</p>		
<p>Emergency Info</p>	<p>EmergencyInfoBC Advisories https://www.emergencyinfobc.gov.bc.ca/</p> <p>BC Emergency Management https://www2.gov.bc.ca/gov/content/safety/emergency-management</p>		
<p>Notes for Staff</p>	<p>DIRECTION FOR HEALTHCARE STAFF: <i>Housing supports during self-isolation</i> Contact the following to make a referral if your client needs housing support while isolating:</p> <table border="0"> <tr> <td data-bbox="505 1297 829 1381"> <p>Public Health in Hope M to F, from 8 a.m. to 4 p.m. 604-860-7631</p> </td> <td data-bbox="902 1297 1300 1472"> <p>First Nations Health Authority – support to Indigenous clients - Wellness System Navigators Phone: 604-743-0635 (leave voicemail for prompt response) Email: systems.support@fnha.ca</p> </td> </tr> </table>	<p>Public Health in Hope M to F, from 8 a.m. to 4 p.m. 604-860-7631</p>	<p>First Nations Health Authority – support to Indigenous clients - Wellness System Navigators Phone: 604-743-0635 (leave voicemail for prompt response) Email: systems.support@fnha.ca</p>
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November 4, 2021

STATEMENT FOR IMMEDIATE RELEASE

Hello Katzie community members:

It is with sadness that I announce I am facing some medical issues. I am currently under the care of a great team of Doctors and Specialists and I'm so grateful for this! However, my energy is extremely low leaving me fatigued, my ailments are consistent and unpredictable leaving me no choice but to execute some self care and healing. After an emergency hospital visit last weekend, I have been placed on bed rest for a few weeks until I can complete some additional testing, blood work, and attend to the referrals I've been given. I will however remain working on emergency initiatives only from bed/home while our CAO Stacey Goulding takes her annual leave next week, or to ensure we have quorum when required.

This was certainly not something I anticipated but it is certainly something I need to tend to with caution and care. I assure you that I will be back on my feet (literally) in no time! I have loving care and support from Kfn Council, staff, friends, my husband, and family as well.

Háy cé:p qa (Thank you all) for the compassion, continued prayers, messages, texts and outpouring of love. I appreciate it beyond words.

Respectfully,

Chief Grace George

Katzie First Nation



Katzie Elders

A MEETING HAS BEEN REQUESTED BY AN ELDER, WHO ATTENDED ST. PATRICK' S DAY SCHOOL.

THE PURPOSE OF THIS MEETING IS TO BEGIN GATHERING INFORMATION, YOUR STORIES.

WE WANT TO EXPRESS HOW CAREFULLY AND RESPECTFULLY WE CARRY THIS HEART BREAKING, SENSITIVE TOPIC.

OUR MENTAL HEALTH AND SUBSTANCE USE COORDINATOR, NICOLE, HAS BEEN INVITED TO ATTEND BY ONE OF OUR RESPECTED ELDERS AND SHE HAS RESPECTFULLY ACCEPTED THE INVITATION.

IF YOU ATTENDED ST. PATRICK'S DAY SCHOOL AND WOULD LIKE TO ATTEND PLEASE CONTACT ROSIE OR ALISSA.

TO BE SAFE WE DO NEED TO REGISTER EVERYONE WHO WOULD LIKE TO ATTEND SO THAT WE CAN ENSURE WE HAVE ENOUGH SPACE TO SOCIALLY DISTANCE AND PREPARE ENOUGH FOOD.

ROSIE
EXT 114

ALISSA
EXT 106



MAPLE RIDGE—PITT MEADOWS CHRISTMAS HAMPER SOCIETY
2021 APPLICATION FORM

By filling out this application, you have registered for a hamper, but this does not guarantee that you will receive one. Your application is subject to verification and approval.

FAMILY NAME: _____

REG. # _____

FAMILY NAME: _____ FIRST NAME: _____

MARRIED: _____ SINGLE: _____ CARE CARD #: _____

RESIDENCY PROOF: (BC ID) _____ (BCDL) _____ (STATUS) _____

SPOUSES SURNAME: _____ FIRST NAME: _____

CARE CARD #: _____

ADDRESS: _____

CITY: _____ POSTAL CODE: _____

PHONE #: _____ ALTERNATE PHONE # _____

EMAIL: Please write clearly _____

CHILD—SURNAME: FIRST NAME: CARE CARD #: AGE:0-18YRS

CHILD—SURNAME:	FIRST NAME:	CARE CARD #:	AGE:0-18YRS

MISSING INFORMATION for office use only

COMPLETE



MAPLE RIDGE PITT MEADOWS CHRISTMAS HAMPER SOCIETY

Email : registration@mrpmchristmashamper.org

THIS FORM MUST ACCOMPANY THE APPLICATION FORM

I hereby give permission for the Friends In Need Food Bank to release my information to the Maple Ridge Pitt Meadows Christmas Hamper Society for registration purposes for 2021.

Name _____ Date _____

Signed _____

Friends In Need Ref. No. _____ Contact phone number _____

Email address _____

Please note :

- there will be no dates and/or venues set up for registration this year, it will be done remotely
- you need to confirm that you have not and will not apply to another agency
- when your application has been completed and accepted, one of our volunteers will contact you with a date and time to select toys for the children on your application form. Your grocery card will be handed to you at the same time as you collect the toys.
 - PLEASE NOTE BASED ON THE CURRENT HEALTH MANDATES AND REGULATIONS -
 - YOU WILL NOT BE ALLOWED ENTRANCE TO THE BUILDING WITHOUT A MASK OR FACE COVERING
 - VACCINATION CARD (PLEASE DOWNLOAD THE CARD TO YOUR PHONE)/PROOF OF BOTH VACCINES WILL NEED TO BE SHOWN WITH A BC GOVERNMENT PHOTO ID
 - IF YOU ARE UNABLE TO ATTEND IN PERSON, YOU MUST NAME YOUR DELEGATE WHO WILL ALSO NEED TO PROVIDE VACCINATION CARD (DOWNLOADED TO THEIR PHONE)/PROOF OF BOTH VACCINES WILL NEED TO BE SHOWN WITH A BC GOVERNMENT PHOTO ID
- if you have indicated that you wish to submit your name to be adopted by a private donor, you will receive gifts cards to the value of \$100 per registered child along with a gift card for Christmas Day groceries. These will be distributed from the Christmas Hamper office

If you have been denied by the MRPM Christmas Hamper Society previously for any reason, you will not be processed automatically with a Friends In Need Food Bank referral but will be considered on an individual basis.

Your family will receive assistance from us this year once you have provided consent to the Friends In Need Food Bank that they can provide us with your name and contact details. Please ensure your details are current and legible.

Upon receiving your approval and after receiving this completed form and the Application Form, one of our volunteers will connect with you to confirm that we have the necessary information such as Care Cards, age of children etc.

Please complete this form and the attached Registration form (front and back) **as soon as possible and no later than Friday 10th December**. Email the completed forms to - registration@mrpmchristmashamper.org

If you are unable to email the form you can drop the completed forms at the Friends In Need and we will collect them from there. Please do not mail the completed forms in case of postal delays.

Please email the completed Application and Consent forms to -

registration@mrpmchristmashamper.org

If you are unable to email the completed forms, please hand them in at your regular Food Bank location.

The deadline for applications is **10th December, 2021**

Please note that we may need to request additional information to complete your application.

ALL APPLICANTS TO COMPLETE THIS SECTION

Do you wish to submit your name to become adopted by a private donor? _____

Have you, or do you intend to apply to any other agency, church etc. to receive a Christmas gift or food hamper? _____

What school(s) does/(do)your child(children) attend? _____

I hereby give permission for the personnel of the Maple Ridge – Pitt Meadows Christmas Hamper Society to contact any individuals or agencies in order to confirm any information provided on this document is accurate. Any information found to be false will result in the immediate cancellation of this application.

Signature of Applicant _____

Print Name _____

MR/PMCHS Volunteer signature _____ **Date** _____

KATZIE EDUCATION COURSES

Salmon Habitat Restoration

Learn About Salmon Habitat Restoration!

- This is a self-directed online course open to all KFN Members 16 years or older
- Participants must complete the course by December 14, 2021
- Katzie status-members who complete the course will receive a \$150 honorarium
- First come, first served! Priority will be given to status members



COURSE DESCRIPTION

Since 2019, Katzie First Nation, WWF-Canada, the Lower Fraser Fisheries Alliance, the DFO Resource Restoration Unit and other local partners have been working to restore important habitat in the Upper Pitt River Watershed. This project includes opportunities for Katzie members to engage with the restoration work and gain related skills and expertise. As part of this work, Katzie is offering membership the opportunity to participate in a self-directed, online education course on salmon habitat restoration.

Through this course you will learn about current restoration work in the Upper Pitt and salmon habitat restoration throughout the Lower Fraser watershed. This course is ideal for students exploring restoration as a potential career path; technical people already in this field who might want to know more about specific techniques for salmon habitat restoration; and Katzie community members who care about salmon and want to know how restoration helps them thrive.

IF YOU WOULD LIKE TO REGISTER FOR THIS COURSE, OR IF YOU HAVE ANY QUESTION, PLEASE CONTACT MARCUS ROLLINS


Email: marcus@katzie.ca

Phone (Weekdays from 8:30am – 4:00pm): 604-928-1846

All Health Services and regular Administration services have now resumed. It is strongly recommended you make an appointment to access services from the Nation as offices remain closed to drop-ins, unless the matter is urgent.

While COVID-19 numbers continue to rise everywhere, we will take additional precautions to help keep our community members and staff as safe as possible:

- Please make an appointment ahead of time by contacting the staff member directly
- **If you have even 1 SYMPTOM, you must not come into any buildings**
- Masks are required before entering and sanitizing your hands when you come in is important
- Please read the information on the sign in table, fill in your information, and be prepared to answer a series of health questions by the staff member you are meeting with

 DAILY HEALTH CHECK	
KEY SYMPTOMS OF ILLNESS:	WHAT TO DO:
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS:	WHAT TO DO:
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Body aches	
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO:
Have you returned from travel outside Canada in the last 14 days?	If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the fully vaccinated traveller exemption . Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada CANNOT attend school for 14 days after arrival , as part of federal requirements .
CLOSE CONTACT:	WHAT TO DO:
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	If yes: Follow the instructions provided by Public Health.

Anyone who has an in-person appointment with any of the Katzie staff must do a self-covid-check before arriving to their appointment. This is to ensure that the staff and the Katzie community are safe. Also expect to sign in and wear your mask in any of our Katzie facilities.

Thank you all for your continued support.

If members have any questions and or concerns, please don't hesitate to reach out

KFN Health Director Allison Carcamo 604-445-2564 or Allison@katzie.ca

EOC General Information 778-302-2294 or email at EOC_Information@Katzie.ca

Get your Flu Shot!



**Katzie Pharmacy has FREE
flu shots available to anyone
age 5 and over**

Walk in - no appointment needed!

COVID19 Testing Now Available at KHCC!

COVID19 testing is being offered at the Health Center by the Nurse Kirsten. Please call to book an apt at 604-465-8921. Members will be met outside to perform test and will not be allowed to enter building. Gargle availability is dependent upon supplies so please ask when booking if gargle is preferred.

KATZIE SOCIAL DEVELOPMENT NOTICE

Income Assistance Payment Dates

Income & Disability Assistance payments are issued **monthly**

The next payment date is **DECEMBER 15, 2021**. IA deposits/cheques will be issued on the following:

IA - 2021 Schedule:

- January 20, 2021 (for February 2021)
- February 17, 2021 (for March 2021)
- March 24, 2021 (for April 2021)
- April 28, 2021 (for May 2021)
- May 19, 2021 (for June 2021)
- June 23, 2021 (for July 2021)
- July 21, 2021 (for August 2021)
- August 25, 2021 (for September 2021)
- September 22, 2021 (for October 2021)
- October 20, 2021 (for November 2021)
- November 17, 2021 (for December 2021)
- **December 15, 2021 (for January 2022)**

BC Hydro, Fortis & Telus MUST be submitted before the 15th of every month. If not, risk of **late payments and or disconnection** could result in bill repayments being issued.

Please note **MONTHLY RENEWAL FORMS & JOB SEARCH FORMS** are now required. These forms are available at the Health Centre.

If you have any questions, please call the work cell 604-999-4013 or email me at pat@katzie.ca.
Pat Large – Human & Social Service Coordinator/ Income Assistance



KATZIE
FIRST NATION
... Land of the Moss

P: (604)465-8961 | F: (604)465-5949
19700 Salish Road, Pitt Meadows, BC, V3Y2G1

IR1 Wharf Update October 5th, 2021

ATTENTION!

WHARF CLOSED UNTIL FURTHER NOTICE

UNSTABLE STRUCTURE

DO NOT ENTER!

Thanks for your patience everyone, while we line up the necessary emergency repairs to the wharf in IR1.

Currently, we are waiting for the main docks at the PAWMA site up at Pitt Lake to be removed. These docks will be used to repair the current wharf. The "squatters' docks at PAWMA have been removed but they weren't in good enough shape to use for repairs.

We are hoping the main docks will be removed in a couple weeks and then we can start the repair work. This is what we believe is the best option to have repairs done that will last until we line up the full replacement wharf, which is a ways off.



KATZIE
FIRST NATION
Land of the Moss

KFN Membership Department

KFN Indian Registry Administration Department Update:

Laminate Status Cards (paper): There are currently no laminate status cards available at this time. Notice will be posted to members when new stock arrives.

IRA Services Available:

- Secured Status Cards
- Baby/Adult Registrations
- Marriage and Death Registrations
- Name Change
- Gender Change

For any further inquiries or if you would like to schedule an appointment for any of the following services please contact Rosanna Leon, Indian Registration Administrator by via e-mail rosannaleon@katzie.ca or by phone at (604)-465-8961 Ext# 415

Status card validity during COVID-19 pandemic

- Indigenous Services Canada (ISC) has extended the validity date of status cards until further notice.
- Service providers should accept status cards or Temporary Confirmation of Registration Documents (TCRDs), with identification, even if the renewal or expiry date has passed.
- Indian status does not expire. Your registration number confirms your status and can be used to access some services and programs.

Reminder to Update Personal Information

If you have recently moved please contact Rosanna Leon, Indian Registration Administrator to update your new Contact information.

**Email: rosannaleon@katzie.ca
Phone: (604) 465-8961 # Ext# 415**



KATZIE
FIRST NATION
...Land of the Moss

P: (604)465-8961 | F: (604)465-5949
19700 Salish Road, Pitt Meadows, BC, V3Y2G1

TO: Katzie First Nation Members
FROM: KFN MEMBERSHIP DEPARTMENT & Chief and Council
DATE: Nov 9th, 2021
RE: Call Out to Form New Membership Committee

The KFN Membership Department is currently recruiting Katzie Members to join a new Membership Committee. This Membership Committee is established under the authority of Katzie Chief and Council in accordance with the Katzie Membership Code.

The KFN Membership Committee shall be composed of the Chief of the Katzie First Nation and five (5) KFN members who are appointed through an application process and determined by a quorum of Katzie Chief and Council. All applicants must be 18 years or older and a registered member of the Katzie First Nation to be considered for a seat on the Membership Committee.

The purpose of the KFN Membership Committee is to:

- a) Examine and recommend acceptance or rejection of applications for membership to the band based on the procedures outlined in the Katzie Membership Code;
- b) Provide input and advice to Council on amendments to the KFN Membership Code;
- c) Provide assistance as required in the coordination of general KFN meetings regarding the Membership Code, membership referendum votes, or related ratification votes; and
- d) Perform other such duties and functions as Council may direct.

If you're interested in applying, please do not hesitate to submit your letter of interest to Rosanna Leon, KFN Indian Registry Administrator at rosannaleon@katzie.ca or drop off at Health Center Reception to the attention of Rosanna Leon in an enclosed envelope. Your letter of interest should be no more than one (1) page in length and should outline your qualifications for sitting on the Membership Committee.

December

2021

Katzie First Nation Youth Program

Katzie First Nation Youth Program

Mondays : Open Gym/Isparc Gym

Tuesdays : 13+ Group

Wednesdays : Homework Group

Thursdays : Language Class

Fridays : Family Nights



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			¹ Homework club +games 3pm- 5pm YC	² Language class 4pm-6pm YC	³ Family night 5pm-7pm gym	⁴
⁵	⁶ Open gym/Isparc 3pm-5pm	⁷ 13+group 3-7pm YC	⁸ Homework club +games 3pm- 5pm YC	⁹ No Program Remembrance Day	¹⁰ Family night 5pm-7pm gym	¹¹
¹²	¹³ Open gym/Isparc 3pm-5pm	¹⁴ 13+group 3-7pm YC	¹⁵ Homework club +games 3pm- 5pm YC	¹⁶ Language class 4pm-6pm YC	¹⁷ Family night 5pm-7pm gym	¹⁸
¹⁹	²⁰ Holiday Office Closure/No Program	²¹ Holiday Office Closure/No Program	²² Holiday Office Closure/No Program	²³ Holiday Office Closure/No Program	²⁴ Christmas Eve/No Program	²⁵ Merry Christmas!!
²⁶	²⁷ Holiday Office Closure/No Program	²⁸ Holiday Office Closure/No Program	²⁹ Holiday Office Closure/No Program	³⁰ Holiday Office Closure/No Program	³¹ New Year's Eve /No Program	

Attention Katzie Community Members!

The following People are banned from Katzie First Nation Lands. If you see them, please notify KFN Elected Officials of the day and whereabouts they were spotted (Email's and extensions located in Staff Directory page)

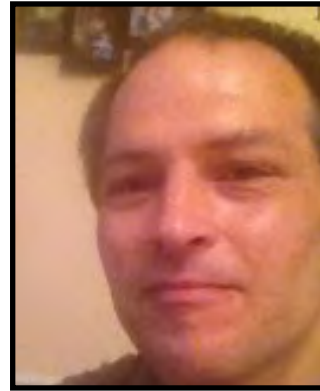
If you witness any criminal activity, please notify the proper authorities **IMMEDIATELY**



Greg Patterson



Randy Frostad



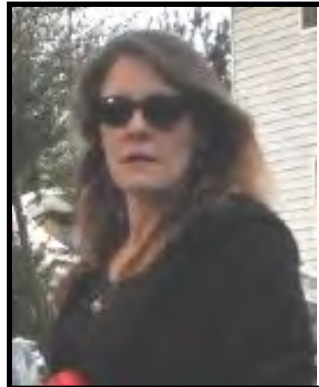
William (Billy) Lowen



Rick "Tiny" Vanderwal



Romeo Grimard



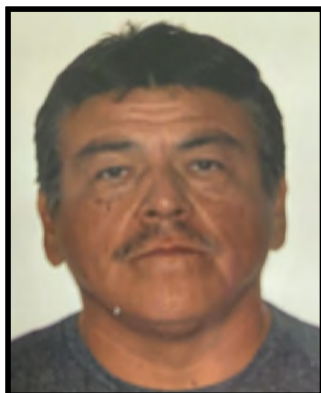
Christina Wallis



Frank Edward Williams



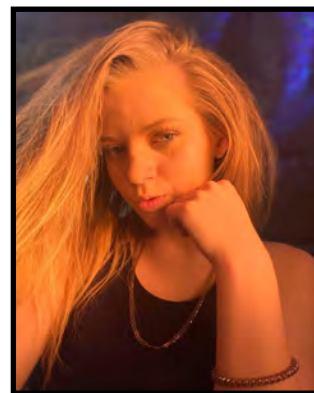
Lance Rosiek



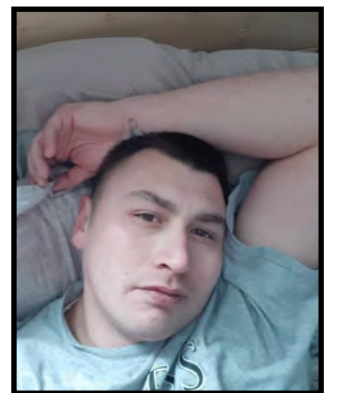
Tom Blackbird



Richard Rheume



Courtney Frostad



Ricky Halverson

Katzie Administration Office 604-465-8961			
201	Nancy Florence	Reception / Office Assistant	reception@katzie.ca
104	Glenn Jones	Human Resource Manager	glenn@katzie.ca
118	Sasha James	Admin Assistant	sasha@katzie.ca
202	Chief Grace George	Social Services, Health, Social Dev and Economic Dev	grace@katzie.ca
206	Council David Kenworthy	Education & Culture	David@katzie.ca
207	Rick Bailey	Aboriginal Rights/Title & Justice	rick@katzie.ca
208	Lisa Adams	Infrastructure & Housing	lisa@katzie.ca
209	Stacey Goulding	Chief Administrative Officer	Stacey@katzie.ca
412	Cheyenne Weinmeister	Executive Assistant to Chief	Cheyenne@katzie.ca
Katzie Finance Department 604-465-8935			
107	Moira Adams	Financial Administrator	moira@katzie.ca
211	Rachel Florence	Administration Manager	rachel@katzie.ca
212	Denis Vaillancourt	Finance Director	denis@katzie.ca
Referrals and Incremental Self Government Department			
204	Marcus Rollins	Incremental Self Government Manager	marcus@katzie.ca
	Kim Armour	Referrals Manager	Kimberly@katzie.ca
	Roma Leon	Referrals Cultural Resource Advisor	roma@katzie.ca
	Alli DiGiovanni	Referrals Project Manager	alli@katzie.ca
	Carly Spence	Referrals Coordinator	landopsreferrals@katzie.ca
Katzie Early Years Centre 604-458-0045			
410	Torrie James	Director of Early Education	torrie@katzie.ca
Katzie Health and Community Centre 604-465-8921			
101	Peggy Florence	Reception / MOA	peggy@katzie.ca
103	Allison Carcamo Parga	Interim Health Director	Allison@katzie.ca
422	Jennifer Prince	MOA for Michelle Sam	Jennifer.prince2@fraserhealth.ca
	Kirsten Stevens	Community Health Nurse	Kirsten.stevens@fraserhealth.ca
106	Alissa Bailey	Medical Office Manager	Alissa@katzie.ca
116	Alysha Khakh	Family Support Worker	Alysha@katzie.ca
407	Pat Large	HSS Coord/Social Assistance	pat@katzie.ca
102	Maureena Eugene	Executive Assistant to Health Director	Maureena@katzie.ca
426	Natasha Cook	Education Coordinator	natasha@katzie.ca
420	Nicole Kiniski	Mental Health and Substance Use Coordinator	Nicole@katzie.ca
114	Rosie Leon	Elders Traditional Kitchen/Event Coordinator	rleon@katzie.ca
	Meghan Florence	Youth Coordinator	Meghan@katzie.ca
109	Victor Florence	Youth Worker	victor@katzie.ca
416	Derek James	Youth Worker	derek@katzie.ca
Housing and Lands Department			
411	Ian Cowan	Director of Lands and Civic Services	ian@katzie.ca
408	Jamie Pierre	Admin Assistant - Housing / Membership	Jamie@katzie.ca
415	Rosanna Leon	Tenant Relations and Membership Clerk	rosannaleon@katzie.ca
413	Stephan Evans	Lands and Economic Dev	Stephan@katzie.ca
418	Francis Thommai	Sustainable Development and Compliance Officer	francis@katzie.ca